



### Student Athlete of the Month: **Jericho Sacks**

Jericho is 9 years old and resides in Mt. Airy. He attends school at Miquon. His favorite time at school is recess, also known as "choice", where he plays whiffle ball. Jericho is on his 2<sup>nd</sup> year with UYKQ through the basketball program and baseball workouts. Jericho's diverse talents and contagious attitude makes him our Student Athlete of the Month. Check out his YouTube video where he plays the piano and sings Old Town Road:

<https://www.youtube.com/watch?v=hSoL2exoEfk>

*What is the best part of playing sports and why?* It is fun! I get to play and meet new people.

*Nov. 13 is World Kindness Day. How can you be a good neighbor, friend and role model in your community?* Be nice to people. Be an upstander, by sticking up for people who get teased or bullied.

*Do you have a fun dream you want to share?* Travel the world playing basketball.

*What goals do you have for next year?* Try focusing better.

*Who serves the best pizza in Philly?* Domino's.

*Interviewed by:* Jayla Robinson



UYKQ Warriors will have 5 travel teams this year, 8U, (2) 10U, 12U and 14U. Teams will participate in the PPR NW District 4 League and NESAC this coming Winter.

The third session of basketball workouts for ages 7 – 10 will continue at New Covenant until Dec 16<sup>th</sup>, 2019.

Winter In-House League registration is due by **Dec 22<sup>nd</sup>, 2019** for ages 6 – 11 years old. The League will begin January 13<sup>th</sup>, 2020, and every Monday through Mid-March. We are looking for players and volunteer coaches to help out.

UYKQ in partnership with Holy Cross Catholic, will be hosting Jr. NBA Skills Challenge January 25<sup>th</sup>, 2020 at New Covenant Church of Phila. This is for Boys and Girls 13 and under. Participants cannot turn 14 before Aug 31, 2020. Registration is FREE.

### **Coach Jeffrey Best**

Coach Jeff is a long time resident of Mt. Airy. He attended Houston Elementary and graduated high school from Philadelphia Military Academy. He continued his education at Neumann University and graduated with a degree in Criminal Justice and a minor in Psychology. Coach Jeff is passionate about helping our youth prosper and applies what he has learned through his studies while coaching and mentoring. On the court, he encourages his players to reach their fullest potential by holding them accountable. Over his 3 year career with UYKQ he has stayed involved with the basketball program's 14U, 12U, and 11U divisions (travel team, winter league and summer league). Coach Jeff's dedication to UYKQ is appreciated!

*What future aspirations do you have?* Own my own business.

*Outside of coaching, what is your favorite thing to do?* Being a dad.

*Best 2019 memory?* Meeting model Yolanda Hadid.

*What was your favorite sport as a child and why?* Football because of physical activity, team building and leadership opportunities.

*If you could be any superhero, who would it be and why?* Thor. He is my favorite Marvel character. He is funny, confident, a ladies man and he can fly. We're just alike (except flying).



# The Queens Program

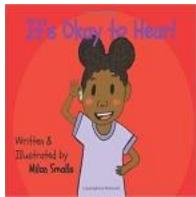


In November our girls learned it is just as rewarding to give as it is to receive.

The Visual Art group went to Vernon Park and teamed up with Friends of Vernon and UYKQ for the Coat Giveaway on November 12<sup>th</sup>, 2019. We made our debut on Channel 6 Action News.

The other groups focused on making their "Pay it Forward" jars. Our Queens will fill the jars with coins and give them out as an act of kindness in January.

13 year old guest speaker Milan Smalls stopped by to read her newly written book, "It's Okay to Hear". This is her way of giving back to other kids. Check it out on Amazon.



## December Schedule



Tues, Dec 3rd: Focus Groups

Tues, Dec 10th: Focus Groups

Tues, Dec 17th: End of year celebration at New Covenant (families encouraged to attend)  
More Info to Come

### Queen of the Month



**Promysse Pendleton**  
Promysse is 11 years old and resides in Logan. She attends school at Lindley Academy. Promysse is our Queen of the Month because her positive energy and infectious smile brightens our meetings! Promysse never shys away from a new task. She is a natural leader who knows how to get things done.

*What do you look forward to when you wake up?* A good day.

*What is your best memory of 2019?* When I had fun in the summertime.

*What do you want to be when you grow up?* A veterinarian.

*What goals do you have for this year?* Have a good school year, have good behavior and be a good sibling.

*If you are allowed to have 3 things while on a stranded island, what would they be?* Water, airbed and a portable charger.

## The Colored Girls Museum Essay

by Dylan Miller

It was cool to learn about my ancestors. The tour was fun. I thought some things could've been more clear. I had a good time overall.

I thought the museum would be somewhere in a big building. The house was nice. There were a lot of statues and paintings. The tour guide knew most of the people and their stories in the painting. The Colored Girls Museum was a great journey.

## Advice Column

**Question:** At school you see a student at lunch with nothing to eat and nobody to sit with. What do you do?

**Answer:**

I'll sit with them.

-Journee Cureton, 6 yrs old

I will invite them over and share my food!

-Dylan Miller, 10 yrs old

I would give them some of my lunch and me and my friends would sit and play with them. -Layla Jones, 10 yrs old

